

OTTER TRAIL GUIDE

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

TIDES NOV 2023

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0528	1856	0543	1756	1128	2356
2	0527	1857	0615	1828	1202	---
3	0526	1858	0649	1903	0029	1240
4	0526	1859	0731	1952	0108	1333
5	0525	1900	0851	2142	0201	1611
6	0524	1900	1148	2359	0353	1814
7	0523	1901	1242	---	0606	1859
8	0522	1902	0055	1318	0655	1932
9	0521	1903	0135	1349	0730	2002
10	0520	1904	0209	1419	0801	2031
11	0519	1905	0241	1448	0830	2059
12	0519	1906	0313	1519	0859	2129
13	0518	1907	0345	1550	0930	2159
14	0517	1908	0418	1623	1001	2231
15	0517	1909	0451	1658	1035	2305
16	0516	1910	0527	1736	1113	2342
17	0515	1911	0606	1818	1155	---
18	0514	1912	0652	1908	0024	1247
19	0513	1913	0753	2013	0115	1357
20	0512	1914	0927	2149	0221	1546
21	0512	1915	1112	2334	0409	1738
22	0511	1916	1219	---	0553	1842
23	0511	1917	0043	1310	0651	1929
24	0510	1918	0136	1355	0736	2011
25	0510	1919	0221	1436	0816	2049
26	0510	1920	0303	1516	0853	2125
27	0510	1921	0343	1554	0930	2200
28	0509	1922	0420	1631	1006	2234
29	0509	1923	0455	1706	1041	2307
30	0509	1924	0529	1739	1116	2339

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

